



**Meet Your Nutritious Friend:  
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
		1	2	3	<p><b>What is a Meal?</b> You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, chocolate</p> <p><b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b> <i>These items do not contain any animal products</i></p>
6 Cinnamon Toast Crunch Cereal Bar w/Graham Crackers  Crunch Mania	7 Cinnamon Pop Tart w/Graham Crackers  Crunch Mania	8 Cocoa Puffs Cereal Bar w/Graham Crackers  Crunch Mania	9 Strawberry Pop Tart w/Graham Crackers  Crunch Mania	10 Trix Cereal Bar w/Graham Crackers  Crunch Mania	
13 Cinnamon Toast Crunch Cereal Bar w/Graham Crackers  Crunch Mania	14 Cinnamon Pop Tart w/Graham Crackers  Crunch Mania	15 Apple Bites  Crunch Mania	16 Strawberry Pop Tart w/Graham Crackers  Crunch Mania	17 Chocolate Chip Muffin  Crunch Mania	
20 No School	21 Cinnamon Pop Tart w/Graham Crackers  Crunch Mania	22 Cocoa Puffs Cereal Bar w/Graham Crackers  Crunch Mania	23 Strawberry Pop Tart w/Graham Crackers  Crunch Mania	24 Trix Cereal Bar w/Graham Crackers  Crunch Mania	
27 Cinnamon Toast Crunch Cereal Bar w/Graham Crackers  Crunch Mania	28 Cinnamon Pop Tart w/Graham Crackers  Crunch Mania	29 Apple Bites  Crunch Mania	30 Strawberry Pop Tart w/Graham Crackers  Crunch Mania	31 Chocolate Chip Muffin  Crunch Mania	
<p><b>Your Team</b> Dawn Edmonds, Kitchen Manager 609-387-2200 ext. 217 bev2@nsfm.com</p>			<p><b>Meal Prices</b> Student Breakfast \$2.00 Reduced Breakfast \$0.00 Faculty Breakfast \$3.00</p>		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.