## **December 2024**



		you "tuber"			Meet Your Nutritious Friend: You "Tuber"
Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
2 Strawberry Pop Tart w/String	3	4 Cinnamon Pop Tart	5	6	What is a Meal? Students must choose at least 3 of the 4 components available for the
Cheese	Crunch Mania	w/String Cheese	Apple Bites	Chocolate Chip Muffin	school breakfast price.  - Choice of Whole Grain - Choice of Protein
Cheese	Cereal Bar w/String Cheese	Cheese	Cheese	Cheese	- Choice of Fruit - Choice of Milk
Strawberry Pop Tart w/String	10	Cinnamon Pop Tart	12	13	A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.
Cheese	Crunch Mania	w/String Cheese	Apple Bites	Chocolate Chip Muffin	Choice of Fruit Seasonal fresh fruits,
Cereal Bar w/String Cheese	Cereal Bar w/String Cheese	Cereal Bar w/String Cheese	Cereal Bar w/String Cheese	Cereal Bar w/String Cheese	canned fruit in light syrup, 100% fruit juice
16	17	18	19	20	Choice of Milk
Strawberry Pop Tart w/String Cheese	Crunch Mania	Cinnamon Pop Tart w/String Cheese	Apple Bites	Chocolate Chip Muffin	1% white, chocolate
Cereal Bar w/String Cheese	Cereal Bar w/String Cheese	Cereal Bar w/String Cheese	Cereal Bar w/String Cheese	Cereal Bar w/String Cheese	
23	24	25	26	27	
	Wint	er B	reak		
30	31				
No School	No School				(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg  (VG) Vegan These items do not contain any animal products
Your Team			Meal Prices		
Dawn Edmonds, Kitchen Manager 609-387-2200 ext. 217 bev2@nsfm.com			Student Breakfast Reduced Breakfast Faculty Breakfast	\$2.00 \$0.00 \$3.00	NUTRI-SERVE FOOD MANAGEMENT, INC. 107 Metz